



# Markinch Parish Church Sunday Bulletin

*Minister: Revd Alex Forsyth TD BA MTh*

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*Our Mission*

*To Worship God, Share His love and Serve His World*

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***Grace To You And Peace***

*During the organ prelude please quietly prepare yourself for sharing in the service by offering a prayer and reading the lessons set for today.*

*To access the loop system switch to setting "T"*

**We enter to worship**

**Prelude - music for prayer and meditation**

**HYMN 160 Praise My Soul**



Prayers & Lord's Prayer

Psalm 130 p 624

**HYMN 550 As The Deer Pants**

Prayers for Help & Healing

**HYMN 565 My Life Flows On In Endless Song**

Sermon

The Offering

**HYMN 392 When I Survey The Wonderous Cross**

**The Sacrament of Holy Communion**

**HYMN 154 How Great Thou Art**

The Blessing & Choral Amen

**Postlude - music for prayer and reflection**

**We depart to serve**

*Coffee & Conversation in the Hall*



**An evening with ..... ROSYTH CONCERT BAND  
Fife's No. 1 Wind Band !**

The Rosyth Concert Band will be playing in the Church Hall on 8th March at 7.30pm. This event will be priced at £4 per ticket, which will include a bowl of soup after the concert. Bring your own drinks. Tickets available from Meg Sankey & Karen Wood

**A Message From Lynda Wright - Chaplain at Glenrothes Hospital.  
Could You Be A Volunteer?**

I want to ask if any of you could be a volunteer in one of two ways? Most people want to be at home rather than in hospital, and the health service is working hard to get people back home much sooner than used to be the case. This means that frail, elderly people are being discharged more quickly, and while many have supportive families who live locally, some don't – many will be looked after by friends and neighbours, but others may be more isolated.

I am therefore looking for volunteers from the local churches who might agree to visit a newly discharged patient in their own homes once a week, for a short period to offer friendship and support as they adjust to life at home, often with less mobility than they had previously.

This would be an occasional commitment, when someone was discharged into your local area.

A second way of volunteering would be a bigger commitment - The wards at Glenrothes Hospital need volunteers.

Could you spare two hours a week to be a 'befriender' offering pastoral support on behalf of the chaplaincy team? This would entail talking to patients, perhaps reading to them or writing a letter for them, playing a game e.g. dominoes or scrabble, taking patients into the grounds for instance.

The NHS has a recognised application process for volunteers which we would help you through and we would offer two short days initial training.

The next training is on Saturdays March 9th and 16th from 10am - 2pm.

If you are at all interested why don't you come along and see what volunteering would involve? The training will be held in Cameron Hospital this time, but will be relevant for those wanting to volunteer in Glenrothes.

If you are interested or just want more information or want to sign up for these days, please contact myself directly:

By email: [lynda.wright1@nhs.net](mailto:lynda.wright1@nhs.net)

Mobile phone: 07835 303395

Please leave your contact details and I will get back to you.

## Update



**Welcome.** We hope you will feel at home and among friends. Visitors please sign our visitors book in the church vestibule. After the service join us for coffee and a chat in the hall. If you would like information about the Church or any of the organisations please see a member of the welcome team. The reader today is Harry Gould.

**Ministers Vestry Hour** 12 noon - 1.00 pm. Please contact the Minister for an appointment - phone 01592-758264 or E-mail [alex@arforsyth.com](mailto:alex@arforsyth.com). In the event of hospitalisation, serious illness, family anxiety, bereavement or personal difficulty the Minister is readily available to visit. You have to let him know if he can help.

**Coffee Mornings** on Thursdays from 10.00am-11.30am in the church hall. Join us for tea or coffee and a chat. You are always welcome.

**We are holding an Easter Fayre** on Saturday 30<sup>th</sup> March from 2 - 4pm. There will be various stalls. Easter Fayre Tea Tickets are available from today in the church hall, price £2.00

**Summer Lunch** The church is hosting a 'Summer Lunch' at Balbirnie Golf Club on Saturday 8<sup>th</sup> June, 12.30pm for 1pm. The two course lunch includes tea and coffee. Cost is £16.50 including the tip. Names to Jean Forsyth with a deposit of £6.50 by Sunday March 31<sup>st</sup> and the balance of £10 to be paid by Sunday 26<sup>th</sup> May. Join us for a relaxing and enjoyable afternoon.

**The Flowers in Church** today are dedicated to the Glory of God and are in loving memory of George and Davina Hopkins. They are gifted to the church by Beth and Bertie.

**Jigsaw Lending Library** Available in the church hall following Sunday Service at a cost of £1 per jigsaw. If you require any information about this activity please contact Meg Sankey on 07834 729420.

**'Ken Yer Country'** Spot the two deliberate errors in Harry Gould's 'Ken Yer Country' article in the church newsletter and send in the correct versions to Harry Gould by Sunday, March 3rd, 2013. A prize will be awarded to the first correct entry drawn out after the closing date.

There are only two deliberate errors, others are incidental and don't include any that Ken made in the rest of the newsletter !

**Fife Constabulary, Markinch Community Engagement Model meetings** are held in the church hall throughout the year. The next meeting will be on Tuesday 6th March 2013 at 7.00pm. Everyone is welcome. Contact Paul McGlashan 1155, Community Officer, Glenrothes. Tel. 01592 418623

**A Lent discussion series** will be held at 7pm each Sunday until 24th March at Christ's Kirk, Pitcoudie Avenue, Glenrothes. Come to all or any of the sessions. All welcome. See [www.christskirk.btck.co.uk](http://www.christskirk.btck.co.uk) for details.