

# News from the Pews

The Newsletter of Markinch and Thornton Parish Church  
May 2015



**Christian Aid Week 10<sup>th</sup> - 16<sup>th</sup> May**



**DISASTERS  
EMERGENCY  
COMMITTEE**



# Markinch and Thornton Parish Church



**Locum Minister:**  
Rev. Alistair McLeod

A warm welcome is extended to all visitors and newcomers to the community to share in the worship, work and witness of the congregation.

## **Church Services**

Thornton Church - Sunday 9.45am

Markinch Church - Sunday 11.15am

[www.markinchandthorntonchurch.org.uk](http://www.markinchandthorntonchurch.org.uk)

## **Communion Sunday**

You are invited to share in the celebration of

### **Holy Communion**

in Thornton Church at 9.45 am  
and Markinch Church at 11.15 am

on

Sunday 24th May 2015

## A message from Rev Alistair McLeod Our Locum Minister

Dear Friends,

People often say to me that Easter is the best part of the year and to some extent I know what they mean.

Easter is the time which bring a new promise into every life. The promise of Resurrection life.

Easter and Spring coexist together with nature providing the new colour from the drabness of winter, and new life in spring flowers and blossom on the trees. (To say nothing about the copious amount of chocolate eaten too.)

Easter may have that comfortable feel about it, that's true, but Easter is only a part of the Christian story.

We have read in the Old Testament scriptures about the birth and the death of Christ (in Isaiah

and the 'Suffering Servant' and in John's Gospel when he talks the first chapter 'In the beginning was the Word and the word was with God and the Word was God') and so all the different religious seasons have a part to play in the totality of Christianity.

Very soon we will be celebrating Pentecost the time where the promise made by Jesus to his Disciples that he would send a helper to them was fulfilled.

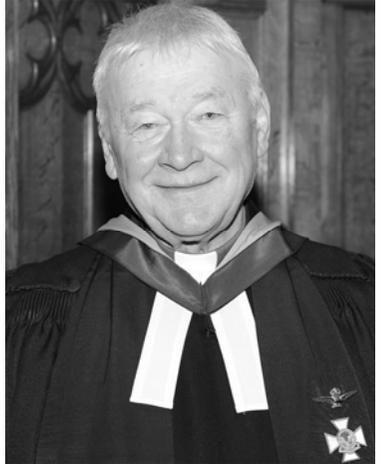
There are many things in this life we might find hard to understand but do understand this that when God makes a promise to us he will never go back on the deal.

Jesus will be present with us as he promised to the very end of time, and we too can depend on the gift that came to the Disciples at Pentecost, we can depend on the power of the Holy Spirit to help us every step of the way - we only have to ask, and we do that by daily prayer.

Thank you for putting up with me, I am happy to be able to serve you as your Locum Minister.

God bless you

Alistair



**Your Elder is** \_\_\_\_\_

**Contact Details** \_\_\_\_\_



## **Treasurer's Report**

The total income to date is £31699.00. Total expenditure £30413.00. Excess income over expenditure £1286.00.

Main items of income are Open Plate £1824.00, WFO £8835.00, Standing Orders £7623.00, Gift Day £3722.00 and Tax Rebate £6283.00.

Main items of expenditure are Salaries £4468.00, Church Insurance £2575.00, Ministry and Mission Allocation £14157.00, Locum Minister £2895.00 and Heat & Light £2041.00.

If you are a tax payer I would ask you to sign a Gift Aid Declaration (forms can be had from me) as this is a good source of income for the Church.

*Nancy Munro,  
Treasurer*

## **Markinch Church Hall Youth Club**

This busy youth club meets on a Thursday evening between 6.30pm and 8pm. Youngsters are aged between 9 and 16 years old and enjoy a variety of games, sports, arts and crafts as well as the favourite 'tuck shop'

A number of the kids and youth leaders went to the Rothes Halls recently to see GAMA Youth perform 'Les Miserables School Edition'. Everyone thoroughly enjoyed their night at the theatre.

The youngsters are also supporting Christian Aid and we recently held a Haggis Drive in Markinch Church Hall to raise money for Christian Aid.

Youth Club Fundraising - The youngsters will be filling Smartie tubes with 20p coins and if you would like to help with our fundraising efforts you will find some FULL Smartie tubes in the vestibule. Please take one, enjoy the Smarties, and if possible please fill the packet with coins and return it by 21st June.

For more information about the youth club please contact Michelle Whyte on 07846 465522

## **Printed or Digital ?**

A significant number of our members and friends now receive *News From The Pews* in an electronic format, rather than a printed copy. The electronic version of the magazine is sent as an Adobe PDF file using email.

If you would like to be added to the mailing list and receive the electronic copy instead of the printed copy delivered by your elder please contact Ken Wilkie confirming the email address(es) you wish the newsletter to be sent to. Call 01592 760042 or email [ken.wilkie@lineone.net](mailto:ken.wilkie@lineone.net)

## From the Parish Register

### Christenings

29-03-15 Poppy Wylie  
12-04-15 Eilidh Anderson Walker  
19-04-15 Noah Graeme Henderson  
03-05-15 Matthew Alexander Sutherland  
10-05-15 Sophia Louise Stewart



### Deaths

30-01-15 Jean Stevenson  
04-02-15 William Murray  
09-03-15 Jean Walsh  
02-03-15 Elizabeth Wyness  
19-03-15 Janet Hendry  
31-03-15 Robert Todd  
23-04-15 John Law

## Diary Dates

Every Monday Coffee morning at Thornton, 10.00am-12noon  
Every Monday Prayer meeting at Thornton, 10.15am  
Every Thursday Coffee morning at Markinch, 10.00am-11.30am  
10th-16th May Christian Aid Week  
14th May 'Haggis Drive', Markinch Church Hall, 6.30pm  
18th May Session Meeting, Markinch Church Hall, 7.15pm  
23rd May Cancer Research Coffee Morning, Balbirnie Court 10am  
23rd May Church Sponsored Walk, Riverside Park, 1.30pm  
24th May Communion Sunday, Thornton, 9.45am  
Markinch, 11.15am  
13th-16th June Bob's Walk for Maggie's Fife  
20th June MDCC (choir) Concert, Markinch Town Hall, 7.15pm  
21st June Return your filled Smartie tubes to the Youth Club  
27th June Strawberry Teas, Thornton Church Hall, 10am-12noon  
23rd August Communion Sunday

## Church Hall Bookings

Anyone enquiring about booking the Markinch church hall should contact Karen Wood on 01592 750327 or email [hall@markinchchurch.org.uk](mailto:hall@markinchchurch.org.uk) You can also collect a booking form from the notice board in the church hall.

To book Thornton church hall please contact Margaret Colville on 01592 774295

## Photocopying and Printing Services

The church has a high specification photocopier in the Markinch Session House which we use to produce this quarterly newsletter and the weekly bulletins.

We are able to do colour or black and white printing up to A3 size at fairly competitive prices and we also have A4 folding and binding facilities. If you or your club, organisation or business require leaflets, posters or programmes printed please give us a chance to quote. Any profits we make will go to offset the rental costs of the photocopier. Contact Ken Wilkie on 01592 760042 or email [ken.wilkie@lineone.net](mailto:ken.wilkie@lineone.net)

## Thornton Prayer Meetings

Our prayer group meets at 10.15am on a Monday morning. If you would like us to pray for you or any of your friends or relatives, we have prayer slips available with a box to put them in. These are available in the quiet room which is just before you enter the worship room .

We have had people from other churches join us at our Monday morning prayer time. Once again, we would like to invite people from Markinch to join us in our prayer meetings. All will be made very welcome.

*Jean Kane, Prayer Promoter*

## Social Networking with Markinch and Thornton Parish Church

We now have a Facebook page and many of us share church events and world news via the Facebook account. You can join us to find out what we have planned, view photos of events and make comments on a variety of topics.

Go to [www.facebook.com](http://www.facebook.com) and search for **Markinch and Thornton Parish Church**

## Rag Bag Collection

The Rag Bag Collection continues to provide us with a continuous income, but we continue to look for textiles, curtains, bed linens, towels, clothes, bags, belts and shoes. Please ensure that donations are placed in a tied plastic bag.

Please ask your neighbours, family, colleagues and friends to have a clear out and help this appeal by contributing as well.

Markinch Church have been collecting for some time but collections are now being made at Thornton Church as well. A large box has been placed in the choir room for your contributions. Please speak to Betty Gray if you need more information.

If you cannot transport your collection or have a large donation that you need assistance to move, please do not hesitate to contact Marianne Sankey to arrange collection.  
Tel. 07801 279899



## Sunday School

After learning about David and Goliath at the beginning of the year we moved on to the story of Daniel and how he was thrown into the lions den for praying to God.

The fact that the lions kept their mouths shut is obvious as the lions we made don't look at all fierce. See them on the wall along with the worksheets.

As is the custom now all the ladies of the congregation received a daffodil on Mother's Day.

On Easter Sunday we sang "We have a King who rides a donkey" in Church. This was followed this by giving out Easter cards after the Service before rolling our eggs down Markinch Hill.

The parable of the Two Houses is next on our list to complete before the summer break.

Thanks to everyone who shows interest and gives words of encouragement to children and staff.

### Surafel - Our Sponsored Child

We have received a photograph of Surafel, our sponsored child in Ethiopia who was ten last week. He looks happy and healthy thanks to our help.

A big thank you to everyone who has donated either anonymously or by adding their name to the calendar and leaving money.

The latest letter and photo of Surafel, is on the wall in Markinch Church Hall.

*Helen Paterson*



Remember - This is **YOUR** newsletter !

If you have any interesting news, stories, poems etc, please hand them to Ken Wilkie or email [ken.wilkie@lineone.net](mailto:ken.wilkie@lineone.net) or call 01592 760042

**The deadline for the next issue is 31st July 2015**

# Dalbeath

FINANCIAL PLANNING

Independent and Intelligent  
Financial Advice



**Mortgages | Life Insurance**  
**Investments | Pensions**

Free Initial Consultation

07949 812809 01383 513641

info@dalbeath.co.uk | www.dalbeath.co.uk

BORROW WISELY • INVEST SHREWDLY • RETIRE WEALTHY



## Lynn Cunningham Chartered Accountant

Markinch & Cupar

### Helping you keep your balance

Running a successful business is demanding, so why not make sure your accountancy services are with someone you can trust.

We offer jargon free, responsive services for Business Start-ups,  
Accounts preparation, Payroll, Taxation, Accounts software training,  
Book keeping & VAT

We are registered auditors  
Initial meeting free of charge  
Contact us on

01592 612001 or 01334 657766  
info@lynncunninghamca.com  
www.lynncunninghamca.com



LYNN CUNNINGHAM  
CHARTERED ACCOUNTANT  
"HELPING YOU KEEP YOUR BALANCE"

## Bob's Walk 2015

**Okay, raise your hands in the air, came the command from the photographers.** 'Easier said than done' joked Bob Grant, but he did - his crutches held high above his head, flanked by Harley Davidson bikes and watched over by the giant Kelpies. And the picture marked the official launch of Bob's Walk 2015.

The roar of the bikes on a beautiful Thursday morning drew the attention of everyone visiting the amazing equine structures.

It's where his 2015 walk will start on Saturday, June 13th - his fourth for Maggie's Fife, and his most challenging yet. In just nine days he will lead a team of core walkers on a 117-mile journey along the canal paths to the Forth Bridge, round the coastline of the Kingdom up to Maggie's Dundee in Ninewells Hospital. It's a distance and timescale that would challenge any experienced walker.



To do it on crutches takes remarkable fortitude.

Along narrow paths and wide open beaches, up hills, through fields, across golf courses, and safely over the many obstacles nature throws up on the coastal path, he will be at the very heart of the waking team - raising funds for, but also taking the opportunity to speak about the work done by Maggie's Fife.

The walk, and Maggie's, are both very close to his heart. Bob has lived with cancer for most of his life. He was first diagnosed with the disease as a schoolboy, and lived with the lasting effects of radiotherapy for many, many years before finally having his leg amputated in 2002. Life on crutches didn't hinder his love of the outdoors or indeed his work as a GP.

He was a familiar and highly respected doctor to many, many patients who remain deeply grateful for his commitment to improving their care. He also has a national voice in shaping Scotland's cancer care programmes - his own experiences underpinning his determination to make sure the patient comes first and is given the best possible help and support at every stage of their diagnosis.



His four walks have raised over £40,000 for Maggie's Fife where he chairs the centre's fundraising board - and that total will be boosted this summer as he leads his walking team on their journey. The fundraising is already underway. At the launch there was a £20 donation from the coffee stall at the Kelpies, while a mum and her toddler came across to allow the youngster to hand over a £2 coin.

Such scenes will be repeated throughout the walk as folk join in for a day, and others make a point of meeting the team en route to hand over their personal donations. And as well as accepting the money with thanks, it gives Bob an opportunity to explain about Maggie's, and the work it does. He is happy to do so, often breaking off from the walk and then having to catch up half an hour or so later. It all adds up to a tremendous challenge, but it is one he is looking forward to.

Dr Bob said: "My enthusiasm for Maggie's continues to grow. It is vital that funds are raised to ensure that the essential support that Maggie's gives to people affected by cancer, and their family and friends, can continue.

"This is my fourth walk for Maggie's and I know it will be exhausting because it's day after day. It will be tiring but I know the endorphins will be flowing and any fatigue will be overwhelmed by the buzz!" His own preparations are well underway. He explained: "Because of the crutches, I get sore shoulders and my hands are always very painful by the last day. This year, I hope to have a choice of two pairs of crutches which will allow me to alter the strain on my skeleton. And, I always carry several pairs of gloves to choose from to subtly alter the pressure points on my hands."

Bob's walk starts at the Kelpies on Sunday, June 13th just a few miles from the site of Maggie's Forth Valley being built at Forth Valley Royal Hospital in Larbert. They will head via the Falkirk Wheel along the tow-path of the Union Canal to Winchburgh, on to Kirkliston, South Queensferry, and over the Forth Road Bridge on to the Fife Coastal Path. Over nine continuous days, the group will be joined by groups of friends and supporters along the way before arriving at Maggie's Dundee on Sunday, June 21st where they will be joined by up to 100 riders from Harley Davidson Dunedin Chapters throughout Scotland. And in between, the walkers can enjoy the stunning beauty of the Fife coastline. "There are so



many things to enjoy!" said Bob. "In previous years, I have been joined en route by so many generous and interesting people and I look forward to meeting more in June.

"The route of the walk will take me through so many interesting and beautiful places. I can never get enough of the Fife Coastal Path and I'm looking forward to the ever-changing scenery, the wildlife, the East Neuk villages and of course the finale in Dundee. The last day is always amazing and always surprisingly emotional."

To find out more visit [www.bobswalk.co.uk](http://www.bobswalk.co.uk) or [www.facebook.com/bobswalk](https://www.facebook.com/bobswalk)

To donate online go to [www.justgiving.com/bobswalk2015](http://www.justgiving.com/bobswalk2015)

You can also donate by text message. To donate £5 just text **DOCB99 £5** to 70070  
To donate £10 just text **DOCB99 £10** to 70070. Donate as many times as you like!

*Article reproduced from the Fife Today website by kind permission of Allan Crow. Allan is the Editor of the Fife Free Press newspapers and a board member of Maggie's Fife. He will be joining Dr Bob as one of the core walkers for the 117-mile trip. Photographs by Ken Wilkie.*

# STEVEN JOHNSTON

## Painter & Decorator



Home 01592 720843

Mob 07403222113

[info@stevenjohnstondecorator.co.uk](mailto:info@stevenjohnstondecorator.co.uk)

### **Robert Balfour Her Majesty's Lord-Lieutenant for Fife**

Following the retirement of Mrs Margaret Dean last year, we were delighted to hear that our Elder and Property Convenor, Robert Balfour, had been appointed by Her Majesty the Queen to be her Lord-Lieutenant for Fife.

The appointment was made late last year but Robert has only recently been fitted with his new uniform.

The official announcement from 10 Downing Street read as follows:-

“Robert Balfour is Managing Partner of Balbirnie Estate and Balbirnie Home Farms, Markinch, Fife. A former Convenor of the Scottish Landowners Federation and Chairman of the Association of Deer Management Groups, he has also been an Area Board Member with Scottish Natural Heritage.

Robert Balfour holds a number of voluntary positions in Fife and surrounding areas with an emphasis on countryside and coastal stewardship and preservation. He is currently a General Trustee of the Church of Scotland.”

Congratulations from everyone at Markinch and Thornton Parish Church.



## Church Flowers

To arrange for flowers to be put into Markinch Church contact Teresa Henderson on 01592 754892.

To arrange for flowers to be put into Thornton Church contact Margaret Colville on 01592 774295.

We would also ask for names from anyone in the congregation of the elderly, sick, bereaved or anyone who they think might like a visit so that we can brighten up their Sundays with a lovely bouquet of flowers.



**Cancer Research UK Coffee Morning** on Saturday 23rd May at Balbirnie Court, Markinch from 10am until 12 noon. Tickets are £2 each from Teresa Henderson or pay at the door. There will be a raffle, a tombola and a sales table.

## Markinch District Community Choir

The choir will be holding their summer concert on Saturday 20th June at 7.15pm in Markinch Town Hall. As their Christmas Concert, unfortunately, had to be cancelled, this will be the first concert since last summer. There is a very varied programme with, hopefully, something to suit everyone.

Items include songs from shows, traditional music from around the world, old favourites and a well known classical piece.

Tickets will be available from Monday 1st June from any choir member or telephone 01592 755672. Price £7 (concession £6)



**Do you shop online at**

**amazon.co.uk**

If so, you can help our church raise extra funds by using the link on the front page of the church website to take you directly to the Amazon website. If you then order any items from Amazon.co.uk our church will automatically receive a commission on every purchase you make, at no extra cost to you.

**[www.markinchandthorntonchurch.org.uk](http://www.markinchandthorntonchurch.org.uk)**

## Archaeological Investigations at Markinch "Moustier"

Dalginch, close by Markinch, is referred to in the Regiam Majistatem as one of the capital places of Scotland, and recent research has identified what is thought to be the mound at Northhall where judgements were enacted. The land around the nearby Markinch church was owned by the earls of Fife and is at the heart of the shire of Strathleven. We have a charter reference to Markinch church from as early as the middle of the 11th century. It was around the time that Macbeth, King of Scots made an appearance in Rome "scattering silver to the poor like seed". The charter was intended to record the gift of the church by the Bishop of St Andrews to the Culdee monks resident at Loch Leven, and the bishop may well have expected that the monks would pray for the souls of the travellers should they never return alive. Macbeth himself certainly made such gifts and the bishop or his churchmen may have been part of his entourage.

The tower that we see at Markinch today is, however, part of a later building, most probably constructed by a successor to Macduff, the famous adversary of the King. Only the tower and some walling of the church remains but these are in good condition and clearly designed and built by some of the best 12th century masons in northern Britain. Because so little had been written about the building, Markinch Heritage Group decided to work alongside members of the congregation to carry out a thorough survey within the framework of the Living Lomonds Landscape Partnership



During the project's first year the outline of the building under the existing church floor was traced using radar technology and careful visual observation of remaining stonework. During the second year we have taken the opportunity, afforded by some much needed work in the tower, to uncover a hidden 12th century arch and investigate the construction methods employed. In the final year we will be comparing the building with other similar structures in an attempt to get closer to a likely construction date. What is beginning to emerge is a picture of an exceptionally well built church in the Norman style (referred to later by Edward I's chronicler as a "moustier" or minster). It would have been a stopping off point for many pilgrims on the route between Dunfermline and St Andrews.

This year some unexpected finds were made when loose 19th century plaster was removed at the foot of the tower. Not only did we open up the massive west tower arch for the first time in a couple of centuries but we also revealed a blocked doorway leading to the spiral stair of the tower. Neither had previously been recorded. At a more detailed level we



came across the slots at the base of the tower that would have held the spindle for the giant "hamster's wheel" that would have winched the blocks of sandstone into place around the arch. Aside from hundreds of masons' marks that have yet to be properly recorded, we came across an interesting scratching on the stone appearing to show how the blocks should be assembled. It was high up the wall and could only have been contemporary with the initial construction. We also noted that some of the carved stone work had been defaced or removed probably during or after the Reformation. An exception to this was a neatly incised "cross patée" high up at the crown of the arch, perhaps the finishing touch of the master mason.

Another wholly unexpected find whilst we were working on the tower was a decorated segment of hoodmoulding that was most likely a piece of the lost chancel arch from the east end of the former nave. It had a quirked edge and a saltire motif that matched up with similar fragments embedded in the walls of the post- Reformation building. The relatively good state of preservation enabled us to gauge the diameter of the arch's outer order. It would once have spanned the entire nave (7.3m).

Markinch church was clearly once a substantial ecclesiastical building of some note and linked to the premier earl of Scotland. The church was gifted to the Priory of St Andrews before the end of the 12th century and during later centuries the focus of of the Earls of Fife shifted to Falkland, Cupar and Culross. Markinch "minster" drifted into relative obscurity along with the town itself but for the first time in almost nine hundred years this beautiful tower finds itself the centre of attention.



Bruce F. Manson  
March '15

# Fundraising

Many thanks to everyone who has taken part in fundraising events over the last year, whether helping to organise them, work on the day, give us ideas or donations, or attend the activities. We cannot continue to do the work that we do without you. Fundraising is something that everyone can contribute to, whether you are good with ideas, planning, project managing or making the tea and coffee, all help and support is gratefully received. Please contact either Betty Gray (07531 765748) or Marianne Sankey (07801 279899), with any suggestions or activities that you would like to run. Even small events add up financially over the year.

## On-going Events and Items for Sale

**Strawberry Teas at Thornton Church.** The next event will be Strawberry Teas which will be held on Saturday 27th June from 10am to 12 noon. As usual, we will be asking for helpers and also donations for the event.

The stalls will include Cake and Candy, bric-a-brac, books, toys, games etc as well as a lucky dip. Tickets, which will be available shortly will be priced at £2. Children pay only 50p.

We had a fantastic turnout at our Spring Teas. The final total was almost £450. Thanks to all who helped us, but a special mention for our two primary school helpers Lewis and Innis who sold tickets and helped with the guessing games.

The winner of the jar of mini Easter eggs was Jean Ewan with her guess of 151. Well done !

**Markinch Church Figurines** – available to purchase following Sunday Service at a cost of £19.99 each. These are an ideal gift for friends or as a keepsake for anyone who is getting married in the church.

**Sales Table** – There are handcraft items for sale in the Markinch church hall. Please feel free to make a donation to church funds in the dish provided for any of these items. If you would like to donate handcrafts, baking, plants, jams, chutney's etc, please place them on the sales table before any church service.

**'Made in Markinch' Cookbook.** On sale at a cost of £5. Limited availability left.

**Jigsaw Lending Library (Markinch).** Available in the church hall following Sunday Service at a cost of £1 per jigsaw. If you require any information about this activity please contact Meg Sankey on 07834 729420.

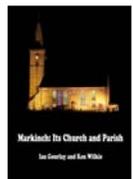
**Communion Coin Collection** At each Communion Sunday Service there will be a coin collection in the vestibule. The boxes can be handed in at the start of the service and empty boxes collected again on your way out. Collection boxes can be emptied any Sunday or Thursday morning at Markinch by seeing Marianne Sankey, Karen Wood or Meg Sankey. Additional boxes will be made available for anyone who wishes to take one.

## Markinch : Its Church and Parish

By Ian Gourlay and Ken Wilkie

Copies can be obtained from Ken Wilkie on 01592 760042 or by email at [book@markinchchurch.org.uk](mailto:book@markinchchurch.org.uk)

**Hardback £15 - The paperback is currently not available.**



## Christian Aid Week 10th - 16th May

Quiz sheets will shortly be on sale at both Markinch and Thornton Churches in aid of Christian Aid. The quiz is titled 'Scottish Songs' and the cost is only £1. The closing date for completed quiz sheets to be posted is the end of May 2015. Please take a few and sell them to your friends and family.

### Afraid, alone, in pain

Be the answer to Loko's prayer this Christian Aid Week.



Loko's choice in life is simple:  
'If I can't collect firewood,  
my children will die.'

Four times a week, in a remote corner of Ethiopia, Loko makes a back-breaking eight-hour trip to gather wood. It's a task she dreads, but she steels herself to do it because if she doesn't her children will starve.

She prays to God as she walks. 'I ask him to change my life and lead us out of this,' she says.

Just £5 could give Loko a loan to start her own business buying and selling tea and coffee, freeing her from her desperate task and allowing her to spend more time caring for her family.

This Christian Aid Week, you can help transform the lives of women like Loko.

From 10-16 May, churches the length and breadth of Britain and Ireland will come together to pray, campaign and raise money to improve the lives of people like Loko.

Every year, 100,000 volunteers demonstrate God's love for the poor by taking part in house-to-house collections for Christian Aid. This fantastic witness is a chance to take the mission of the church into your community.

Find out how you can play your part at [caweek.org](http://caweek.org)



**christian  
aid**  
week  
10-16 MAY

UK registered charity no. 1105851 Company no. 5171525 Scot charity no. SC039150 NI charity no. XR94639 Company no. NI059154 ROI charity no. CHY 6998 Company no. 426928 The Christian Aid name and logo are trademarks of Christian Aid. Christian Aid is a key member of ACT Alliance. © Christian Aid November 2014 15-J3099 Photo: Christian Aid/Andrew Testa/Panos

## Living Stones Review Article

The latest book in the popular Pray Now series will soon be available to buy. Based on the theme 'Living Stones', the book explores through prayer and meditation the ways in which architecture, landscapes and people inspire us in our relationship with God.

Living Stones 2015 guides the reader through the year, with 52 chapters, offering both a weekly and daily prayer resource of a Bible verse, meditation, morning and evening prayers, additional Scripture reading suggestions and a blessing. There are also prayer activities and space for users of the book to make their own personal notes and observations.

Rev Carol Ford, convener of the Pray Now Writers' Group, says: "Living Stones prompts us all to meditate and pray about our personal and communal response to God's love in our daily living. Hopefully, the content of this book offers comfort, reassurance, challenge and food for thought as well as providing a structure for daily devotions and stimuli for our own prayers."

The book will be launched to coincide with the Church of Scotland General Assembly's Heart and Soul event which also focuses on the theme Living Stones.

Living Stones can be purchased directly from the St Andrew Press website at [www.standrewpress.com/books/9780861538881/living-stones](http://www.standrewpress.com/books/9780861538881/living-stones)



Please help feed local people in crisis by buying items from our list and donating them to Glenrothes Foodbank.



Milk (UHT or powdered)  
Sugar (500g)  
Fruit juice (carton)  
Soup  
Pasta sauces  
Sponge pudding (tinned)  
Tomatoes (tinned)  
Cereals  
Rice pudding (tinned)  
Tea bags/instant coffee  
Instant mash potato  
Rice/pasta  
Tinned meat/fish  
Tinned vegetables  
Tinned fruit  
Jam  
Biscuits or snack bar

# Jack Cameron Electrical Services Ltd

Full electrical services for  
home-owners, landlords, industrial and commercial.

If you require a cost effective, reliable electrician then look no further. Operating throughout the Lothians, Fife and Tayside areas we cater to all domestic, commercial and industrial clients.

Both home owners and landlords are catered for, with 24 hour call-outs. We have the knowledge and expertise needed to ensure that you receive nothing but the best service. Our reputation has been developed through hard work and reliability which is why we gain the majority of our work through recommendation.

**New showroom opening soon.**

We will *beat* any written quotation.

Jack Cameron Electrical Services Ltd  
4 Mulberry Crescent  
Methil  
Fife  
KY8 2BA

Phone: 01333 302498  
Mobile: 07895 224610  
Email: [office@jc-es.co.uk](mailto:office@jc-es.co.uk)  
Web: [www.jc-es.co.uk](http://www.jc-es.co.uk)



# Taking care of the detail

There is never a right time to lose someone we love, never a right time to have to make arrangements for their funeral, to say goodbye in a way most suitable to them and those left behind.

In the midst of grief the responsibility of making arrangements can seem overwhelming. Crosbie Matthew Funeral Directors can help you shoulder the burden. We are an independent family-run business with over 70 years experience of supporting bereaved families in Fife and beyond. Arrangements can be made at our purpose built premises in Nicol Street, Kirkcaldy which offers comfortable arrangement rooms and a dedicated service room with lift access. Alternatively we can visit you at a time suited to you in the comfort of your own home.

## Professional

Crosbie Matthew's professional team of funeral directors are available 24 hours a day, 365 days a year, to personally answer your calls and guide you sensitively at your time of loss.

## Support

Practical advice and support can be given on paperwork required for registration, and covers everything from press notices, floral tributes and catering to order of service sheets and attendance cards.

## Personalised

We can help you with the type of service you require, your choice of officiant who may be a minister, civil celebrant,

family member or friend; your options for music, poems, hymns; personalised order of service sheets with photographs if you wish. We are here to discuss any other ideas you may have to make the funeral a more personal tribute.

We pride ourselves in listening to you and helping you to arrange a funeral best suited to your and your loved ones wishes.

## Memorials

We have a comprehensive range of granite stones, vases and markers which can be tailored to your own design. We can also help with renovating, cleaning and adding inscriptions to existing stones. We also have a variety of traditional and more modern urns, jewellery and ornaments for cremated remains.

## Pre-paid Funeral Plans

Golden Charter pre-paid plans are available. More people are finding that a pre-paid funeral plan eases the financial and emotional burden on their families. It means they are paying for a funeral at today's prices and leaving written details available for that time of need.

## Payment Options

We request a deposit for the disbursements (payment made by us to third parties on your behalf). Payments can be made in full by card, cash or cheque. With flexible payment options available we offer you a first step to peace of mind .....

## Crosbie Matthew Funeral Directors

Family owned and run for over 70 years

Funerals designed to suit the needs of your family

199 Nicol Street  
Kirkcaldy  
01592 640644

6 Church Street  
Glenrothes  
01592 751997



Flexible payment options available



Golden Charter  
Funeral Plans

[www.crosbiemathew.co.uk](http://www.crosbiemathew.co.uk)